

~Unraveling of the forbidden Kingdom~

Lo Manthang Trek

Region: **Annapurna**

Total Number of Trekking Days: **14**

Highest altitude: **4200 m. (14000 ft.)**

ITINERARY

- Day 01: Arrival in Kathmandu, transfer to Hotel, pre-trek briefing
- Day 02: Trekking permit arrangement & Final check of trekking gears
Choice of Heritage Tour I/II
Depart for Pokhara (Late afternoon flight)
- Day 03: Early morning flight to Jomsom.
Today will be a short walk (4 hours) due to logistical issues.
Jomsom - Kagbeni (Overnight camping in Kagbeni (9497 ft.))
- Day 04: Kagbeni -Tusk (Chusang, 9700 ft.) 6hrs.
Enter the restricted region of Upper Mustang
- Day 05: Tusk - Samar (2000 ft.) 6hrs.
- Day 06: Samar - Gimi (over-crossing 1300 ft. pass) 6hrs
- Day 07: Gimi - Tserang (14000 ft.) 4hrs.
- Day 08: Tserang - Mustang (13550 ft.) 5hrs.
- Day 09: Mustang - Rest day **~audience with the King of Mustang~**
- Day 10: Mustang -Thinger-Mustang (horse ride/walk to visit Nepal-Tibet border with lunch pack)
- Day 11: Mustang – Gharpu - Mustang (by horse ride/walk to visit Nepal-Tibet border with pack lunch)
- Day 12: Mustang - Tserang
- Day 13: Tserang - Gilling
- Day 14: Gilling - Chusang
- Day 15: Chusang - Kagbeni (Exit the restricted region)
- Day 16: Kagbeni - Jomsom
- Day 17: Jomsom – Pokhara - Kathmandu (Flight)
- Day 18: Free day in Kathmandu for shopping souvenir, farewell dinner
- Day 19: Depart from Kathmandu

NOTES: Price includes Entry Permit fees to the restricted region of Upper Mustang

Departure Dates

- 20 March - 08 April
- 12-31 October
- 10-29 November

Difficulty Level: Grade C/D