

Langtang Gosainkunda Helambu

Region: **Langtang**

Total Number of Trekking Days: **13**

Highest altitude: **4380 m. (14325 ft.)**

ITINERARY

Day 01: Arrive in Kathmandu, transfer to hotel, pre-trek briefing

Day 02: Heritage Tour I & II, welcome dinner

Day 03: Overland departure to Dunche/Saybru (1970 m.)

Day 04: Dhunche - Thulo Syabru (2324 m.)

Day 05: Thulo Syabru - Ghoretabala (3030 m.)

Day 06: Ghoretabala - Langtang (3433 m.)

Day 07: Langtang - Kyangjin (3846 m.)

Day 08: Kyangjin - Lama Hotel.

Day 09: Lama Hotel - Thulo Syabru.

Day 10: Thulo Syabru - Sin Gompa (3333 m.)

Day 11: Sin Gompa - Gosainkunda (4380 m.)

Day 12: Gosainkunda - Ghopte Odar (3515 m.)

Day 13: Gopte Odar - Army Camp (Mangen Kharke)

Day 14: Army Camp - Chisapani

Day 15: Chisapani - Kathmandu via Sundarijal, transfer to hotel.

Day 16: Shopping & farewell dinner

Day 17: Depart from Kathmandu

Departure Dates

- 12 - 30 April
- 02 - 20 November

Difficulty Level: Grade C/D

